

	Inghetata Kream Ball cu Topping capsuni	865	207	8.02	4.18	25.74	23.56	0.67	3.09	0.1749	√						√								
	Inghetata Kream Ball cu Topping afine	860	206	8.06	4.18	25.13	23.03	0.67	3.06	0.1769	√						√								
	Inghetata Kream Ball cu Topping zmeura	858	209	7.22	3.98	28.21	26.52	-	3.02	0.1683	√						√								
	Muffin cu aroma de portocale	1704	407	19.41	3.41	52.43	30.06	3.43	3.93	1.01	√	√				√	√								
	Muffin cu cacao	1673	400	18.93	4.31	50.04	30.89	3.37	5.59	1.01	√	√				√									
	Choco cookie	1952	467	23.60	10.50	58.10	38.20	1.80	1.50	0.75	√	√				√	√								
Garnituri	Cartofi prajiti	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15															
	Chifla cu susan	1114	264	3.70	0.40	50.20	6.20	2.50	8.60	1.00	√						√						√		
	Chifla natur imperial Kaiser	1203	263	4.67	0.63	52.77	2.71	-	10.21	1.06	√					√	√						x		
	Orez cu Zinger si sos Teriyaki (pui picant)	647	154	4.36	0.45	20.30	5.61	3.84	6.46	0.48	√						√								
	Orez cu Fillet si sos Teriyaki (pui nepicant)	610	145	3.51	0.38	21.33	6.31	3.79	5.14	0.57	√	√				√	√								
	Sos Ketchup	387	91	0.20	0.10	18.40	17.70	0.50	2.00	1.30													√		
	Sos cu Usturoi	1628	395	39.70	4.30	5.90	5.40	4.70	1.00	1.50			√				√						√		
	Sos Curry	914	220	17.90	1.60	13.00	9.70	0.50	0.80	1.78			√										√	√	
	Sos Dulce-Acrisor	660	155	< 0.1	< 0.1	37.30	33.50	< 0.1	0.10	0.925													√		
	Sos Salsa	571	134	0.30	< 0.1	30.80	22.10	0.70	0.60	3.38															
	Sos Barbeque	658	155	0.10	< 0.1	37.00	29.60	0.30	0.30	2.40															
	Bacon	1785	431	35.94	14.09	1.17	0.52	0.65	25.93	7.25															
	Felie de branza topita Cheddar	1619	390	32.00	20.00	1.40	0.50	-	2.30	1.70								√							
	Morcovi sticks	135	32	0.30	0.00	9.20	6.40	9.00	0.80	0.07															
	Porumb fiert/ miniporumb	461	109	0.32	0.08	22.73	22.73	3.70	3.46	0.05								√							
	Sos Vinaigrette	1304	316	30.80	2.20	8.50	8.40	-	0.10	2.20															
	Sos Herbs	823	199	18.90	1.50	5.90	4.40	-	0.80	1.60			√					√					√	√	
	Sos laurt	874	211	20.00	1.80	6.30	4.10	-	1.10	1.30			√					√					√	√	
	Sos French	787	190	15.80	1.30	10.50	7.70	-	0.60	2.00			√					√					√	√	
	Chili Cheese Nuggets	1142	274	18.00	7.80	19.00	2.10	2.00	9.00	1.75	√							√							
Cartofi Dipping	609	145	5.00	0.60	21.00	0.50	3.00	2.50	0.10																
Mic dejun	Sandwich Chicken Wrap cu ou	1046	250	10.96	3.62	22.21	1.67	3.24	13.92	1.56	√	√					√								
	Sandwich Chicken Wrap cu Hashbrown	1173	281	14.19	3.37	27.60	2.24	3.70	8.76	1.88	√	√					√						√		
	Chicken Bacon Cheese	1223	292	13.77	5.34	24.31	2.03	3.62	15.96	1.94	√	√					√								
	Chicken Toast	1017	242	9.46	3.06	21.70	1.79	3.93	15.67	1.88	√	√					√						x		
	Morning Twister	949	227	10.88	3.58	18.93	1.28	2.91	11.84	1.55	√	√					√								
	Morning Meltz	1130	271	16.15	6.69	16.97	0.67	2.14	13.37	1.15	√	√					√								
	Bacon Toast	1414	338	14.83	7.53	33.38	2.85	3.81	15.74	2.08	√						√						x		
	Egg Toast	1027	245	11.81	7.22	19.64	1.91	3.70	13.31	1.41	√	√					√						x		
	Clatite cu topping de ciocolata	971	231	6.61	0.82	35.81	19.48	2.27	5.83	0.3890	√	√					√								
Meniu copii	Sandwich Booster Junior	933	223	8.60	17.59	26.25	1.79	3.68	11.87	2.21	√	√					√					√	x		
	sau 4 Fillet Bites	869	207	9.14	2.16	10.28	8.58	1.70	21.84	1.90	√	√					√								
	sau piept pui Kentucky	996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√					√								
	sau copan pui Kentucky	995	238	13.46	2.84	12.55	< 0.1	< 0.1	17.29	1.525	√	√					√								
	sau pulpa pui Kentucky	1119	269	18.25	4.03	11.09	< 0.1	< 0.1	14.88	1.408	√	√					√								
	sau coasta pui Kentucky	964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√					√								
	Cartofi prajiti	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15															
	sau Mini porumb	461	109	0.32	0.08	22.73	22.73	3.70	3.46	0.05								√							
	Coca-Cola	180	42	0	0	10.6	10.6	0	0	0															
	sau Fanta	183	43	0	0	10.5	10.5	0	0	0															
	sau Sprite	176	41	0	0	10.2	10.2	0	0	0															
	2 buc. de pui asortate astfel:																								
	Piept pui Kentucky		996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√					√							
sau coasta pui Kentucky		964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√					√								

Buckets	Hot Bucket	20 Hot Wings	1332	320	19.5	3.58	10.67	< 0.1	<0.1	20.25	1.438	√																	
	So Good Bucket	10 Fillet Bites	869	207	9.14	2.16	10.28	8.58	1.70	21.84	1.90	√	√			√													
		10 Hot Wings	1332	320	19.5	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√																	
		Cartofi prajiti	1304	311	14.29	2.58	39.19	0.7	3.79	3.56	0.15																		
	Marti Bucket	9 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√																	
		9 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√																	
	American Bucket	11 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√																	
		11 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√																	
	Duo Bucket	4 bucati pui Kentucky astfel:																											
		Piept pui Kentucky	996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√			√													
		Copan pui Kentucky	995	238	13.46	2.84	12.55	< 0.1	< 0.1	17.29	1.525	√	√			√													
		Pulpa pui Kentucky	1119	269	18.25	4.03	11.09	< 0.1	< 0.1	14.88	1.408	√	√			√													
		Coasta pui Kentucky	964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√			√													
		4 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√																	
		2 Salata Coleslaw	875.51	210.12	8.27	0.87	22.34	21.02	1.02	0.49	0.67			√			x				x		√						
		2 portii medii de Cartofi prajiti	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15																		
		2 Coca Cola	180	42	0	0	10.60	10.60	0	0	0																		
		sau 2 Fanta	183	43	0	0	10.50	10.50	0	0	0																		
		sau 2 Sprite	176	41	0	0	10.20	10.20	0	0	0																		
	Variety Bucket	4 bucati pui Kentucky astfel:																											
		Piept pui Kentucky	996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√			√													
		Copan pui Kentucky	995	238	13.46	2.84	12.55	< 0.1	< 0.1	17.29	1.525	√	√			√													
		Pulpa pui Kentucky	1119	269	18.25	4.03	11.09	< 0.1	< 0.1	14.88	1.408	√	√			√													
		Coasta pui Kentucky	964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√			√													
		6 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√																	
		6 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√																	

Informatiile cu privire la valorile nutritionale ale produselor standard KFC sunt complete.

Valorile afisate sunt rezultatele per 100 g sau per 100 ml produs si provin din testele efectuate in laboratoare acreditate, in numele KFC, date publicate si informatii puse la dispozitie de furnizori.

Unele produse vandute in restaurantele KFC nu sunt prezente in acest tabel de valori, in special cele de sezon si cele nou promovate. Valorile nutritionale pot prezenta mici variatii in functie de sezon, locatie si alti factori, putand suporta modificari fara o instiintare prealabila.

NOTA: Toate produsele KFC pot contine urme de substante alergene (gluten, oua, arahide, soia, lapte, fructe cu coaja, telina, mustar, seminte de susan si produse derivate, dioxid de sulf si sulfiti) ce provin din materiile prime obtinute in fabrici ce proceseaza alimente cu continut de substante alergene.

√= produse ce au in compozitia lor substante alergene

x= poate contine urme de substante alergene

*Fructe cu coaja lemnoasa, adica: migdale, alune de padure, nuci, nuci Caju, nuci Pecan, nuci de Brazilia, fistic, nuci de macadamia si nuci de Queensland

**Dioxidul de sulf si sulfiti in concentratii mai mari de 10 mg/kg sau 10 mg/litru exprimate in SO₂total

Informatiile cuprinse aici corespund situatiei reale de la punerea in imprimare Editia 1, Revizia 01, 09.01.2019.

Pentru informatii suplimentare acceseaza www.kfc.ro